

**TWENTY-FIRST CENTURY PSYCHOTHERAPIES:  
CONTEMPORARY APPROACHES TO THEORY AND  
PRACTICE**

Ashlee Jeanne Konopka

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Objectives On successful completion of this course students will have: Demonstrated a thorough knowledge of factors common to successful counselling outcomes Demonstrated a critical awareness of outcome research on topics related to therapeutic change; Comprehension of counselling modalities including their strengths and weaknesses; In-depth understanding, applied skills and knowledge, and analysis of a chosen psychotherapeutic modality and its key interventions. Lebow brought his integrative focus to the journal, including articles about all couple and family therapy orientations, and bridging articles about research in family science and the practice of couple and family therapy.

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