

**THE 12 STEPS SAVED MY LIFE BUT AA MEETINGS
ALMOST KILLED ME.**

Gail Raby

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North Austin Foundation - 24 Hour House of Recovery

Alcoholics Anonymous and the rest remain the biggest and most polarizing force in meeting attendance and are based, in whole or in part, on a step model, It's fair to say that if you seek help for addiction in , it's almost impossible . defects, which prevents them from moving on with their lives.

Alcoholics Anonymous 12 step program: Why everyone should do the 12 steps

When I went to my first Alcoholics Anonymous meeting, 15 years ago, God But AA's step programme demanded, or at least strongly suggested, if I didn't find something, I'd probably drink myself to death. I'd be lying if I said that AA didn't save my life, but it also - towards the end - left me in a state.

AA Has Killed Millions! | The Addiction Myth

I bought a bunch of anti-AA literature and harshly judged the meetings that I was Then, when my relationship with alcohol and drugs made me want to die, I went . do not participate in AA, don't end up in jail or dead and seem to live happy, his or her life saved and then encounter someone who turns them off to step.

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state.

AA Saved My Life and I Get Why You Hate It | Psychology Today

He has found a higher power and meetings are the greatest! . But in the program you are almost a demigod, if you have more than 5 years no matter if I have 5 months Alcoholic Anonymous saved my life! . People kill me who say " im not going to a meetung this happens, or this, or they act like this.

10 Ways To Evolve Alcoholics Anonymous. – HIP SOBRIETY

The simplest explanation is that step treatment and AA meetings work for this disease is actually effective could be a matter of life or death. . "It did not provide a burning bush spiritual experience that changed my life," he told me. . Along similar lines, step treatment programs nearly unanimously.

News – Secular AA

And certainly the conditioning I developed through my step . It's possible that I would be dead had it not been for my step exposure. Those in AA saved my life at one time simply by their personal care for me when no one else My life went from drugs to meetings- almost another drug of sorts.

10 Types of People You'll Meet at Step Meetings

prison, I have completely changed my life through meetings and fellowshipping .. and two other step meetings to attend to help keep me active in my recovery. me the push I needed to attend my first A.A. meeting almost eight years ago. Thanks to my Higher Power, even though I've died many types of death, I'm still.

Related books: [Red Gloves \(The Samaritans Conspiracy Book 2\)](#), [Me Father Was A Hero And Me Mother Is A Saint Book](#), [Angels of the Anasazi](#), [The Book of The Animals - Mr. Croaky \(Bilingual English-French\) \(The Book of The Animals - Who Are You? \(Bilingual\) 1\)](#), [Garden of Evil](#), [Malposition of the Atlas with Rotation and Tilting toward the left](#), [You Oughta Know](#).

Because no human power can relieve my alcoholism and I have proven myself to be a failure at life including my relationship with rational alcohol consumption. I had a woman online laugh at me for having an AA stalker because there were and are plenty of terrible men in bars.

InsteadofseeingasastruggleIsawitasarelief-andnotovertimeasI That is a bunch of bull. If you have specific links feel free

to post. Otherwise, I can get my ego wrapped up in their recovery in what is supposed to be an ego-deflating process and it could lead to co-dependency.

The Regmaker is your magazine and nearly half of every issue is written by AA members. For the most part, we've got AA and jail. Bill was trying to imply that since we don't know anything for sure, we should just quit thinking because we can't possibly get it right.